

**"Kia earns multiple awards for  
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- New York Daily News

**"Kia just accomplished something no  
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- CNBC

**"Kia ranked highest"**

- The Globe and Mail

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The Power to Surprise

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2017

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For the 2016 Sportage



The Power to Surprise

A recent J.D. Power study in Initial Quality awarded the 2016 Kia Soul top honours for the second year in a row among all compact multi-purpose vehicles, while the 2016 Kia Sportage also took top spot among all small SUVs. More than ever, Kia is committed to building high-quality vehicles and maintaining an unsurpassed level of excellence in order to offer you the power to surprise. Visit [kia.ca/topquality](http://kia.ca/topquality) to learn more about our award-winning lineup.

The 2016 Kia Soul and Sportage received the lowest number of problems per 100 vehicles among compact MPVs and small SUVs, respectively, in the J.D. Power 2016 U.S. Initial Quality Study. 2016 study based on 80,157 total responses, evaluating 245 models, and measures the opinions of new 2016 vehicle owners after 90 days of ownership, surveyed in February-May 2016. Your experiences may vary. Visit [jdpower.com](http://jdpower.com). Kia is a trademark of Kia Motors Corporation.



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# Winnipeg metro

Yes, your phone really is blowing up **metroSCIENCE**

HERE COMES 'TROUBLE'

Canadian law and polyamorous families **metroNEWS**

Your essential daily news WEEKEND, SEPTEMBER 16-18, 2016 High 17°C/Low 6°C Rainy

**UNACCEPTABLE**

**With several spruce trees tossed in the reject bin, Winnipeg is still hunting for the perfect Christmas tree for city hall.**

**metroNEWS**

## Deadly drug lands in city

**FENTANYL**

**Carfentanil was designed as a tranquilizer for larger animals**



**Braeden Jones**  
Metro | Winnipeg

Winnipeg police believe they have stopped a deadlier form of fentanyl from breaking into the city's drug scene.

Carfentanil, an opioid drug, can "easily cause overdose death or long-term health problems," police said in a press release on Monday. That makes the 1,477 tabs they seized — currently being tested in a lab — potentially very dangerous.

Officers from the East District Community Support Unit and a tactical support team found the drugs when they executed a warrant in a west-end hotel Monday, which also resulted in the arrest of a 37-year-old Winnipeg man, Grayson Richard Parris.

Parris is being charged for pos-

session of a scheduled substance for the purpose of trafficking after being caught with several sheets of the apparent drug tabs, which have an estimated street value of \$30,000.

Carfentanil was designed as a tranquilizer for large animals, and police say it is "so toxic, you might need to use several doses of Naloxone (a common, fast acting but temporary fentanyl antidote) to reverse an overdose."

Free naloxone kits and overdose response training are available from the Street Connections program at 496 Hargrave Street, and Naloxone can be purchased from any pharmacy without a prescription.



**One of the carfentanil tabs police seized.** WINNIPEG POLICE SERVICE

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-CELEBRATION EVENT-

*See Page 7*

**For this week's exclusive offers!**



# UNIVERSITY OF MANITOBA

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## -2016-

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SEPTEMBER 19 – 25

### VISIONARY CONVERSATIONS

Wednesday, September 21

Doors open: 6:30 p.m. | Discussion begins: 7 p.m.

Free admission

The award-winning Visionary Conversations series launches with a discussion about moving from theory to action in reconciliation, one year after the opening of the National Centre for Truth and Reconciliation.

### NEW THIS YEAR! .....

### QUEERS, CHEERS AND HOMECOMING YEARS: A UMQUEER ALUMNI SOIRÉE

Friday, September 23

7 p.m. – 11 p.m.

Tickets \$25

Join us for the first UMQueer alumni event! Connect with fellow alumni and engage in conversation around LGBTQI\* issues and perspectives. The evening will include music, guest speakers, food and drinks.

### HOMECOMING FOOTBALL GAME & CELEBRATION

*U of M Bisons vs. U of S Huskies*

Saturday, September 24

Gates open: 12 p.m. | Kickoff: 1 p.m.

Tickets \$10 in advance

Bring the whole family for fun activities led by Mini U on the concourse. The first 200 fans through the gate will get a special gift. Our Street Team will be there to reward our biggest Bison fans!

### HOMECOMING DINNER

Saturday, September 24

Doors open: 6 p.m. | Dinner: 6:30 p.m. – 9 p.m.

Tickets \$75

Reconnect and reminisce about your time at the University of Manitoba with other fellow alumni at a dinner featuring the best of local Manitoba fare.

### FACULTY AND REUNION EVENTS

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Kelly, Misty and Ricky are some of the youths who have participated in the successful new Emergency Department Violence Intervention Program (EDVIP). WINNIPEG HEALTH SCIENCES CENTRE/YOUTUBE

## The power of empowerment

### INTERVENTION

#### Youths caught up in violence reap benefits of city program



**Braeden Jones**  
Metro | Winnipeg

Winnipeg youth suffering from violence will have new allies when a proven intervention program restarts this fall.

Roughly 1,000 young people affected by violence visit the city's Health Sciences Centre (HSC) each year — and about 20 per cent will do so more than once.

Those return visits are what Dr. Carolyn Snider, who led the development of the new Emergency Department Violence Inter-

vention Program (EDVIP), sought to reduce — and successfully did over a multi-year pilot.

Through the program, support workers meet with youth in the hospital's emergency room at the time of their injury. The goal is to empower youth to seek out care on their own terms.

"We always say, 'We can help you — if you wish — with issues you define as putting you at risk (of violence),' " Snider said. "They often have good insight into what puts them at risk."

With their support worker, all of whom have a lived experience with violence and many of whom are indigenous — almost 88 per cent of the injured youth seen annually — the patient is guided through eliminating their risk factors.

They set their own course, "and the support worker walks beside them on that path," Snider explained.

### BY THE NUMBERS VIOLENCE INTERVENTION PROGRAM

**65**

Number of high-risk youth who met with a support worker while injured in ER

**65**

Number of youth offered risk intervention a year after initial injury

**74%**

Number of youth still involved in the EDVIP after six months

"We teach them to fish but don't fish for them."

All youth ended up reducing their own risk factors with the help offered. Snider said many who had dropped out or been kicked out of school re-enrolled, many found employment and some who needed it volunteered for and were successful in addiction counselling.

In a video explaining the EDVIP program, 16-year-old program participant Misty said that she was seeing stars and lost her teeth after a violent beating.

"They (EDVIP) took me right in. I had a major concussion, I was bleeding and I was sore and had bruises everywhere," Misty said. "This program has helped me cope with my anger issues, my feelings.... It opened up a new part of me that I didn't know was there.... I thought it was gone."

Snider said that empowerment and other testimonials help demonstrate to her that it's a successful program.

"There's no doubt," she said. "We've learned youth are resilient, and given the opportunity

they can grow and succeed."

Although the sample size is small, Snider said EDVIP did amount to fewer repeat incidents of violence.

"Twenty-four per cent of those that were in the control group had a subsequent visit.... In those that received EDVIP (from Day 1), only 14 per cent did," she said. "We don't expect to get to zero, but the fact we had a 10 per cent drop is excellent. It demonstrates if we did a much bigger trial, we would show a significant statistical decrease."

With funding from the Winnipeg Regional Health Authority and Government of Manitoba, the program is now stable and will offer that bigger trial.

"We have a brand-new setup, support workers who started (training) this week," Snider said. "We hope to start meeting youth this month."

She said the number of support workers limits the program capacity but that it should be able to help 100 youth at a time at the current staffing levels.

Snider, who is discussing the pilot results at the World Injury Conference in Tampere, Finland next week, said she hopes to one day expand the program both geographically and in its intake parameters.

"I would love to expand (it) to youth affected by mental health and substance issues ... that they don't have to come in just with an injury," she said.



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## PUBLIC SERVICE

## Park grass work to cost \$3M more



**Stephanie Taylor**  
Metro | Winnipeg

Winnipeg City Hall may not be trimming its parks budget anytime soon — not when there's grass to cut.

In fact, parks and open spaces manager Dave Domke says the city should spend \$3 million more green to mow public lawns.

"Fewer customer complaints, weed control and better quality turf is expected," he writes in a report.

This echoes similar sentiments from Coun. Russ Wyatt (Transcona) who, back in May,

requested staff study the cost of cutting grass on parks and boulevards more often than the current eight to 12 mowing cycles per season.

That amounts to every 10 or 14 days.

Grass grows more quickly in spring than in summer, Wyatt argued at the time, adding that each year councillors' offices are bombarded with complaints from residents about long grass.

Domke recommends the grass be cut every four or five days during the peak season.

That would add four more cycles to the city's grass-cutting schedule in 2017, which would cost \$2.8 million.

### PUBLIC LIBRARY

#### Overdue fines may be nixed

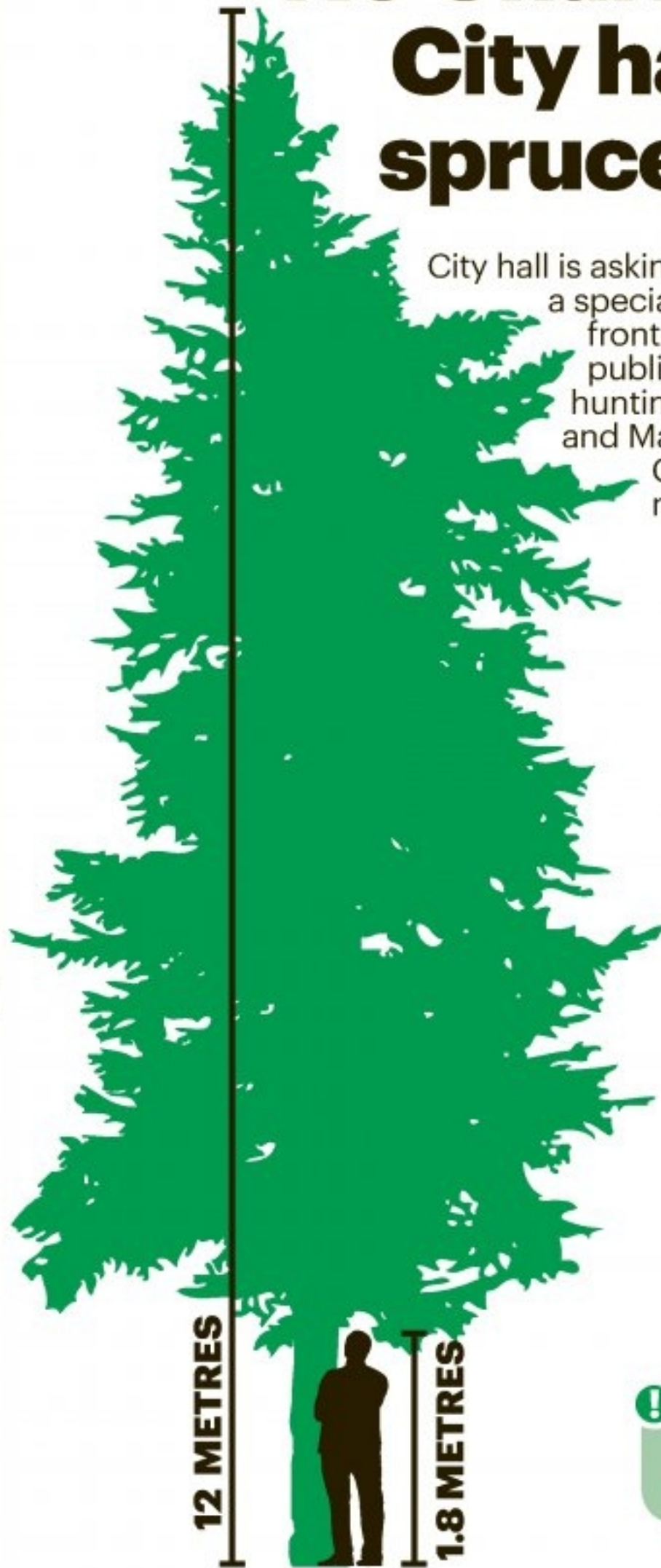
Overdue fines on kids' and teens' library books could be a thing of the past. Such fines keep cash-strapped families from using library services because they can't pay off debt, according to the report.

But the plan comes at a cost: \$102,200 in revenue.

"Eliminating this uncollected revenue will help some children and young adults to borrow library materials once again," the report says.

The committee on protection, community services and parks will discuss the report on Monday. STEPHANIE TAYLOR/METRO

## No Charlie Brown trees: City hall wants your spruce for Christmas



City hall is asking Winnipeggers for a special Christmas gift: a front-yard spruce tree. The public works department is

hunting for a holiday tree to plant at Main Street and Market Avenue. The caveat? No meagre Charlie Brown trees allowed. The tree must meet the following criteria:



**Lucy Scholey**  
Metro | Ottawa

- ☐ It must be **located in the front yard** of a property with direct access to the tree.
- ☐ It must stand **12 to 15 metres tall** (or 40 to 50 feet).
- ☐ Be **"fully symmetrical"** with a single trunk and no brown needles.
- ☐ Any homeowners willing to donate their front-yard spruce can **contact city hall**. Workers will cut down the tree, clean up the mess and remove the stump for free. The city will then "spruce" up the branches with 11,000 LED bulbs and Christmas decorations.



So you think you can grow the best Winnipeg Christmas tree? That's for the urban forestry branch staff to decide. Homeowners who think their tree fits the criteria can contact the city at 311 or 311@winnipeg.ca.

ILLUSTRATION BY ANDRES PLANA

### FOR YOUR HEALTH

## ASK THE Denturist

### How often should dentures be replaced?

Dentures should be replaced approximately every 5 years, says Hartley Zelcer of Zelcer Denture Clinics. Natural teeth can wear down and stain through time and so do your dentures. Tissue in your mouth goes through constant changes attributed to aging, weight loss, medications, stress and various other factors. Symptoms such as ringing in the ears, ear aches, headaches, jaw pain and dizzy spells may all be denture related. Dentures should enhance ones face by reducing and softening lines and in many cases can make one look years younger.

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# Paper bus fares being phased out

TRANSIT

**Department aims for only Peggo cards by 2017**



**Stephanie Taylor**  
Metro | Winnipeg

Bus riders in Winnipeg could say sayonara to paper tickets as early as next year.

Winnipeg Transit director Dave Wardrop told Thursday's finance committee the uptake of Peggo, a new smart card electronic fare program, has "exceeded expectations."

He said there have been minimal glitches in the new

technology, which contributes to the success of the program.

"Just this week we've exceeded a daily usage of over 100,000 transactions per day using the Peggo cards," he told reporters afterwards.

"So far, so good."

More than 30,000 people have switched to the program, Wardrop said.

"That number grows every day."

Peggo launched in July, at first to seniors, and then everyone else in August.

Unofficially, Wardrop said, more than half of transit's transactions are with the

**"We've operated with paper passes for the last 125 years and can for one more season." Dave Wardrop**



METRO FILE

new Peggo cards.

Wardrop said the department remains on target to eliminate paper tickets by early 2017.

"I don't think there's any reason for us to revise that target at this time," he said, adding the department is willing to be flexible.

"It really depends on the adoption rates by the public."

On Thursday, Wardrop said the only exception to the switchover would be the new U-Pass for the University of Manitoba. Unlike the University of Winnipeg, the U of M distributed paper passes — and not Peggo cards — to students.

When asked about the impact on the department's ability to track ridership trends, Wardrop said paper passes are not "ideal," but the city could use rider surveys instead.

"We've operated with paper passes for the last 125 years and can for one more season."

The U of M is expected to switch over to a Peggo U-Pass by September 2017.

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# Chief wants more firefighters

## EMERGENCY SERVICES

**Overtime costs could be cut with new hires, says chief**



**Stephanie Taylor**  
Metro | Winnipeg

Winnipeg's fire chief says hiring three dozen more firefighters would help bring down the department's overtime costs.

Winnipeg Fire Paramedic Service Chief John Lane appeared before the finance committee Thursday, requesting approval for the department to spend \$1.3 million extra on covering staffing and overtime costs.

The only other solutions would be to reduce, complement or close stations, Lane said, adding Mayor Brian Bowman and council are committed to maintaining the current service levels.

But, he said, there's a third option for the department to

slash its overtime costs: Hire 36 new firefighters.

Lane said that would increase the complement to the staffing levels used in the ambulance and paramedic branch, which is less dependent on their staff performing overtime.

"For fire service, for emergency medical service delivery, fortunately or unfortunately it is a human-based service," Lane told reporters on Thursday.



**Fortunately or unfortunately it is a human-based service.**

Chief John Lane

He called the \$2.1 million currently allotted for overtime "unrealistic," and said if the city gave the department another \$4.5 million during budget time, it would prevent the department having to ask for more money later in the year.



Chief Lane said hiring 36 new firefighters would increase the complement to the staffing levels used in the ambulance and paramedic branch. METRO FILE

But that extra spending would no doubt be a significant addition to the "tax burden," he said.

Lane said the department proposes adding 12 firefighters every year for the next three years.

For the day-to-day staffing of

the service, that would mean nine more "cushion" spots to cover for employees who are absent due to vacation, training or sick leave without having to rely on other staff going into overtime, Lane said.

A report tabled at Thursday's committee said the service tries

to have 215 staff per shift, with a minimum requirement of 167 people.

That leaves a window for 48 people to be away from work, but any more than that and the department needs people to do overtime.

The committee voted for

## BY THE NUMBERS

**\$1.3M**

The extra cost to cover staffing and overtime costs for Winnipeg firefighters

**36**

The number of firefighters the city should hire, according to Winnipeg Fire Paramedic Service Chief John Lane

the department to report back on explanations for employee absences this year.

Committee chairman, Coun. Marty Morantz, called the request a practice in due diligence to ensure the department's request for extra money is warranted.

"We have an obligation to taxpayers to be stewards of their hard earned tax-paying dollars," he told reporters.

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# Clash of the commercial titans

## RETAIL

### Walmart drops credit cards, says Visa fees are too high

Walmart Canada continued its battle with Visa over merchant fees Thursday, with an announcement that it will no longer accept the popular credit card at any of its Manitoba stores starting next month.

The U.S.-based retail giant said the change will come into effect at all 16 locations in the province as of Oct. 24. Customers will still be able to pay for purchases with cash, debit, MasterCard and American Express cards.

Walmart pledged in June that it would stop accepting Visa at its more than 400 Canadian stores, arguing that it unfairly pays more than \$100 million annually in credit card fees.

Three Thunder Bay, Ont., stores were the first locations to drop the credit card on July 18.



Signage at a Laval, Que., Walmart store is seen on Tuesday, May 3, 2016. Walmart Canada says it will start informing its Manitoba customers today that all 16 stores in the province will not accept Visa as of Oct. 24. THE CANADIAN PRESS

Walmart spokesman Alex Robertson said it decided to continue the phase-out in Manitoba after seeing the small impact it made in Thunder Bay.

"There has been no surprises. Reaction from customers

has been better than expected," he said, noting that the Visa ban in Manitoba Wal-marts will involve retraining cashiers and reprogramming payment equipment.

Robertson said the retailer is singling out Visa because its

fees are higher than its rivals, denying the idea that the decision is due to attempts to promote the usage of Walmart's own branded MasterCard.

"The reason why we're doing it is because the fees are too high," he said. "Visa is the

company we're dealing with right now."

When asked whether Walmart has plans to ban any other credit cards from its stores, he replied that he wasn't going to speculate on what the company will do in the future.

Visa, the country's largest credit card firm, declined a request for an interview but said in a statement that Walmart's decision to drop Visa at more store locations was "disappointing."

"We know from our experience in Thunder Bay that consumers want the option to use the payment method of their choice when shopping — including at Walmart stores," said spokeswoman Carla Hindman in an email.

Previously, Visa had said it had offered Walmart one of the lowest rates for any merchant in the country but the retailer wanted more. If it had given in, Walmart's merchant fees would have been lower than those charged to local grocery markets, pharmacies, convenience stores, charities and schools.

## 400

The number of Walmart stores in Canada.

## 56%

According to the Nilson Report, Visa accounts for 56 per cent of credit card transactions globally in 2015.

## \$100M

Walmart Canada says it pays more than \$100 million annually in credit card fees.

According to consumer finance industry newsletter Nilson Report, Visa accounts for 56 per cent of credit card transactions globally in 2015, with MasterCard behind at 26 per cent. THE CANADIAN PRESS

## RidgeWood WEST

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# MPs' future home nears completion



Justin Trudeau tours the West Block restoration and renovation on Parliament Hill in Ottawa in 2015. THE CANADIAN PRESS FILE

## HOUSE OF COMMONS

### Media given a sneak peek of Parliament's West Block

The future workplace for the country's MPs has been shrouded from view for months as a small army toils to prepare a temporary home for the House

of Commons.

But media got a sneak peek Thursday at the complex renovation process for Parliament's West Block, which will house the Commons when the Centre Block is closed for its own makeover in 2018.

Unlike a proposed expansion of the nearby Chateau Laurier hotel, which has drawn impassioned criticism online, the parliamentary revamp is largely in line with the Hill's

iconic imagery.

Dubbed by Public Works Canada as the "most complex rehabilitation project ever on Parliament Hill," the restoration is nearing completion, although it's difficult to imagine the work being finished in 2017, given the many bare concrete and brick interior walls and the bare steel frames that will support a glass dome over the new Commons chamber.

Since work began in 2011, 15,000 square metres of exterior stonework has been refurbished. Individual stone blocks have been removed, numbered for identification and either painstakingly cleaned or replaced.

About 80 per cent of the original stone was re-used, leaving the building's facade as it was when the building was originally constructed, beginning in 1859. THE CANADIAN PRESS

## FAMILIES

### The 'troupeles' trials



Evelyn Harford  
For Metro | Ottawa

## + DEFINED

### Trouple

A three-way couple in a long term relationship. "Mike, Rick and Steve have been together for six years. They're a trouple."

SOURCE: URBAN DICTIONARY

Polyamorous families in Ottawa face unique legal challenges that take the old relationship phrase "it's complicated" to a whole other level.

One woman, who identifies as polyamorous, lives with her husband and wife in the Ottawa area. She didn't want to be named to avoid outing herself and her partners, who could face repercussions in their personal and professional lives.

For two years, the woman has lived in the same house with her two partners and their three kids, who are biologically fathered by her husband, though the trio have been an item for much longer.

She says being in a relationship with two people means she can't be legally married to both partners, which creates complications when it comes to parental rights, insurance, taxes and other legally binding contracts such as mortgages and wills.

If her husband died, she would have no legal basis to see her stepchildren because she is only married on paper to her wife. Nor can she list both partners as next of kin

visitors if ever she is rushed to the hospital.

"I can't have both partners at my bedside if I was dying in the hospital," she said. "And that's the last place you want to think about poly rights."

These things need to change to accommodate families like hers, she said. John-Paul Boyd, the executive director of the Canadian National Research Institute for Law, agrees.

He conducted the first-ever survey of polyamorous families in Canada this summer.

He said the number of people in poly relationships is growing and soon the laws will have to catch up to the changing structures of modern families.

"It's about time people are talking about this," says the woman who spoke to Metro. She said fear and stigma hold people who are in poly relationships from fighting for their rights.

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# Finding our feathered friend

150TH BIRTHDAY

## Panel of experts will choose National Bird



**Rebecca Williams**  
Metro | Toronto

Canadians have associated different birds with our identity for years. The common loon is on our dollar, the Blue Jay is the mascot of our baseball team and of course there's the Canada goose to consider.

Despite all that, and the more than 450 species of the things across the country, Canada does not actually have a national bird. One project has decided to change that.

Last year, Canadian Geographic created the National Bird Project in effort to help designate an official bird for Canada by 2017.

Canadian Geographic put out the call to Canadians for their opinions on which bird would best represent our sprawling landscape from coast to coast.

"We asked Canadians to

help find a species that could represent this nation of forest, prairie grassland, Arctic and sub-Arctic, maritime and wetland, agriculture and urban areas and many other habitats."

The bird project offered up 40 of the country's top birds and asked the country to vote on their favourites.

According to the project, more than 10,000 voted for different birds, not only from every province and territory but even Canadian expats scattered across the globe.

In fact, it seems Canadians

are so passionate about our favourite feathered friends that some provided essays along with their vote, explaining why their choice of bird flies above the rest.

Voting closed at the end of August and the National Bird Project tallied the numbers to create a top five, with the common loon leading the flock.

Now it's up to a panel of experts to decide which will become Canada's national bird in time for the country's sesquicentennial, otherwise known as its 150th birthday.

The Royal Canadian Geo-

graphical Society is hosting an event, where the panel members, which include Steven Price, the president of Bird Studies Canada, and poet laureate George Elliot Clarke, will make their case for which fowl should take the top crown.

"The Great Canadian National Bird Debate" will take place at the Canadian Museum of Nature in Ottawa on Sept. 19 at 7 p.m. Tickets are available for \$10 or, if you can't make it to the nation's capital, you can stream the debate live on YouTube.



Kevin and Julie Garratt embrace at Vancouver airport. CONTRIBUTED

## Man jailed in China now free

Kevin Garratt, the Canadian man suspected of espionage and detained by China since 2014, has returned to Canada, Torstar News Service has confirmed.

His father Ross Garratt said he learned last night through another of his sons that Kevin would be coming home, and said he is back in Canada now.

Garratt's release comes a week after Prime Minister Justin Trudeau returned from an official trip to China where he says he raised Garratt's case with Chinese leaders in Beijing.

His family had hoped for good news prior to the Trudeau trip, but expressed disappointment last week when there were no developments. TORSTAR NEWS SERVICE

### MEET THE CONTENDERS



The common loon is Ontario's provincial bird and is perhaps best represents all of Canada.



The gray jay, also known as the Canada jay or whiskey jack loves cold climates.



The snowy owl spends winter in all of Canada's provinces and territories.



The Canada goose spends the summer in Canada, and heads south for the winter.



The black-capped chickadee has a clear call and has little fear of humans. PHOTOS: ISTOCK

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# Refugee camp probed for evicting Somalis

## HUMAN RIGHTS WATCH

### Repatriation process not up to standards, warns advocate

A repatriation program for hundreds of thousands of Somali refugees in the world's largest refugee camp is marked by fear and intimidation by Kenyan authorities, Human Rights Watch says.

Kenya wants more than 260,000 Somali refugees to return home amid concerns that some in the Dadaab refugee camp are used by Somalia-based al-Shabab Islamic extremists to launch attacks inside Kenya.

Kenya plans to close Dadaab before the end of this year. Human Rights Watch argues that the government's efforts to repatriate the Somali refugees don't meet international standards for voluntary return.



Newly arrived Somalis being processed at the Ifo refugee camp outside Dadaab, eastern Kenya. THE ASSOCIATED PRESS FILE

"There is no way these returns can be considered voluntary," said Bill Frelick, the group's refugee rights director.

The statement comes as President Barack Obama plans to host a summit on refugee issues with world leaders next

week during the U.N. General Assembly gathering in New York. The General Assembly also will host a summit on refugees and migrants.

Refugees now spend roughly 20 years in exile on average, the U.N. refugee agency reported

this week. The Dabaab camp in northeastern Kenya, near the Somalia border, has existed for a quarter of a century, and many of its residents have never been home.

The United States in the past has urged Kenya's president not to close Dadaab without stability in Somalia, which has seen decades of deadly chaos and attacks by al-Shabab.

Human Rights Watch says some of the Somali refugees have been told they would forfeit a \$400 U.N. cash grant if they were deported later this year, so some leave earlier.

The rights group says many camp residents are being compelled to return to Somalia without adequate information about the dangers they face there.

Kenyan President Uhuru Kenyatta has said repatriations will be voluntary and humane. The international community has warned against forceful evictions. THE ASSOCIATED PRESS

## MICHIGAN

### Senate approves bill for water projects, Flint funds

The Senate approved a \$10-billion water projects bill Thursday that includes emergency funding for Flint, Mich. — nearly a year after officials declared a public health emergency because of lead-contaminated water.

"The people of Flint have waited way too long" for help from the state and federal governments, Democratic senator Debbie Stabenow said.

THE ASSOCIATED PRESS

## CEASEFIRE

### Syrian government blocking aid to Aleppo: United Nations envoy

Syria's military began withdrawing from a major artery into Aleppo on Thursday evening, shortly after the UN envoy for Syria blamed President Bashar Assad's government for obstructing aid access to the contested city.

With the U.S.-Russian brokered ceasefire for the war-torn country holding for its third straight day, calls intensified to have the government permit aid access to opposition areas.

### PRESSURE MOUNTS ON GOVERNMENT

In Geneva, the UN's envoy to Syria, Staffan De Mistura, called humanitarian access the "second dividend" of the U.S.-Russia cease-fire deal, after tapering violence.

However, de Mistura said the Syrian government had not provided the necessary "facilitation letters," or permits, to allow for convoys to reach opposition areas, disappointing

even Russia, the Syrian president key backer.

### CLASHES FOR DAESH-HELD DEIR EL-ZOUR

In the eastern province of Deir el-Zour, clashes and shelling over the past 24 hours between government forces and Daesh in the provincial capital, also called Deir el-Zour, have killed at least three people, including a child, according to activists and state media. THE ASSOCIATED PRESS

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# Clinton returns to campaign

## U.S. ELECTION

### Candidate walks on to James Brown's 'I feel good'

Back on the campaign trail, a reflective Hillary Clinton said Thursday her three-day, doctor-mandated break gave her new perspective on why she's running to be president. She vowed to close her campaign against Donald Trump by giving Americans "something to vote for, not just against."

Clinton made no apologies for keeping her pneumonia diagnosis from the public until a video emerged showing her stumbling and being supported by aides. She also repeatedly sidestepped questions about when her running mate Tim Kaine was informed.

An upbeat Clinton walked onstage at a rally in North Carolina to James Brown's song, "I feel good." She said that while sitting at home this week was "pretty much the last place I wanted to be," the time helped clarify how she wants to close her campaign against Trump.

"We're offering ideas, not insults," she said in a jab at Trump. "A plan that will make a real

difference in people's lives, not prejudice and paranoia."

The rally marked Clinton's first public appearance since Sunday, when she abruptly left a 9/11 memorial service after getting dizzy and dehydrated. She had been diagnosed with pneumonia Friday, but the campaign informed the public only after the video of an ill Clinton emerged.

The incident prompted fresh questions about both candidates' openness regarding their health. Trump released a new letter from his doctor Thursday detailing his blood pressure, cholesterol and medications, one day after Clinton made public a letter from her physician with similar information. Both candidates' doctors declared them fit to serve as president.

Trump's letter said the Republican is 6 feet 3 inches and 236 pounds — giving him a body mass index falling into the "overweight" range. The 70-year-old has blood pressure of 116 over 70, and his total cholesterol is 169, his doctor says.

Clinton, 68, has blood pressure of 100 over 70, and her total cholesterol is 189, according to her doctor. Her letter made no mention of her weight, a key part of a medical exam, nor did a similar letter released last year.

THE ASSOCIATED PRESS



A polar bear stands on a ice flow in Baffin Bay above the Arctic Circle as seen from a Canadian Coast Guard icebreaker on July 10, 2008. Arctic sea ice shrank to its second lowest level since scientists started to monitor it by satellite. THE CANADIAN PRESS

## GLOBAL WARMING

### Arctic sea ice keeps shrinking even more

Arctic sea ice this summer shrank to its second lowest level since scientists started to monitor it by satellite, with scientists saying it is another ominous signal of global warming.

The National Snow and Ice Data Center in Colorado said the sea ice reached its summer low point on Saturday, extending 1.6 million square miles (4.14 million square kilometres). That's behind only the mark set in 2012, 1.31 million square miles (3.39 million square kilometres).

Centre director Mark Serreze said this year's level technically was 3,800 square miles (10,000



What happens in the Arctic doesn't stay in the Arctic.

Michael Mann

square kilometres) less than 2007, but that's so close the two years are essentially tied.

Even though this year didn't set a record, "we have reinforced the overall downward trend. There is no evidence of recovery here," Serreze said. "We've always known that the Arctic is going to be the early warning system for climate change. What we've seen this year is reinforcing that."

This year's minimum level is nearly 1 million square miles (2.56 million square kilometres) smaller than the 1979 to 2000 average. That's the size of Alaska and Texas combined.

"It's a tremendous loss that we're looking at here," Serreze said.

It was an unusual year for sea ice in the Arctic, Serreze said. In the winter, levels were among their lowest ever for the cold

season, but then there were more storms than usual over the Arctic during the summer. Those storms normally keep the Arctic cloudy and cooler, but that didn't keep the sea ice from melting this year, he said.

"Summer weather patterns don't matter as much as they used to, so we're kind of entering a new regime," Serreze said.

Serreze said he wouldn't be surprised if the Arctic was essentially ice free in the summer by 2030, something that will affect international security.

THE ASSOCIATED PRESS

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WAGES

## Education narrows gender gap: Study

A global education study reveals larger-than-average earning gaps between Canadian men and women, but that narrows as women pursue higher levels of study.

The report from the Organization for Economic Co-operation and Development analysed data from 35 member countries and 11 partner countries.

Among 25- to 64-year-olds with less than a Grade 11 education, Canadian women earned 61 per cent of what men earned in 2014, compared with the 76 per cent average across OECD countries.

Canadian women who achieved post-secondary studies fared a bit better at 72 per cent of what men earned, which

is comparable to the OECD average of 73 per cent.

In other data, Canada had the largest share of adults with post-secondary education but a lower-than-average share of masters and doctoral degrees in 2015. Last year, 55 per cent of Canadian adults had post-secondary education, the highest share among OECD countries compared to an average of 35 per cent.

Canada also spends more per post-secondary student than almost all of the OECD countries, at US\$21,500. That places Canada sixth overall, after Luxembourg, Sweden, Switzerland, the United Kingdom and the United States.

THE CANADIAN PRESS

STATISTICS CANADA

## Household debt now at record levels

The amount Canadians owe compared with how much they earn hit a new record in the second quarter, driven in part by the country's hot housing markets.

The ratio of household credit market debt to disposable income climbed to 167.6 per cent in the second quarter compared with 165.2 per cent in the first quarter. The increase means households owe about \$1.68 in credit market debt for every dollar of disposable income.

The growth came as house-

hold credit market debt climbed two per cent, while disposable income increased 0.5 per cent in the quarter.

BMO Capital Markets senior economist Benjamin Reitzes said the increase in the debt ratio was consistent with a usual seasonal trend — with the second quarter the strongest period for housing markets and thus mortgage debt growth.

The Bank of Canada has identified household debt as a key risk to the economy.

THE CANADIAN PRESS

### MONEY LAUNDERING

#### Report flags real estate

The Paris-based Financial Action Task Force is raising serious concerns that organized crime is using Canada's hot real

estate sector to funnel cash. Its report also identifies charitable and life insurance as at risk of helping terrorists and criminals. THE CANADIAN PRESS

# Feds can help Canada's startups, minister says

INNOVATION

## Ottawa should make use of its purchasing power: Bains

The Canadian government will use its purchasing heft to help young companies scale up by focusing on awarding contracts to homegrown startups, the federal innovation minister said Thursday.

"The government is in a very unique position. We are the largest purchaser of goods and services, we really are a marquee customer for a lot of these companies," said Navdeep Bains, minister of innovation, science and economic development in an interview.

"So how can we use government to really help invest in some of these technologies, some of these innovations, some of these ideas and become a customer for them?"

How can we use government to really help invest in some of these technologies, some of these innovations, some of these ideas and become a customer for them?

Navdeep Bains



When we become a customer for them they can go abroad and brag about doing business in Canada."

The minister provided an update at the Waterloo Innovation Summit Thursday on the government's consultations for its "innovation agenda," which is expected to be revealed in next year's budget.

In addition to leveraging the government's purchasing power, the agenda will also

focus on investing in talent and research as the primary paths to put Canada on the map as a global innovation hub.

He believes the government has a crucial role to play in funding early-stage research in fields considered too risky for private sector investment, despite the calls of some in the tech sector who say the best thing a government can do for entrepreneurs is to get out of the way.

Scaling up companies beyond early growth stages has been a major stumbling block in Canada's tech sector. While Canadians start more than 70,000 companies each year, only about five per cent of those businesses go on to become "high-growth" companies, with 20 per cent growth in three consecutive years, Bains said.

"Canada can do better."

TORSTAR NEWS SERVICE

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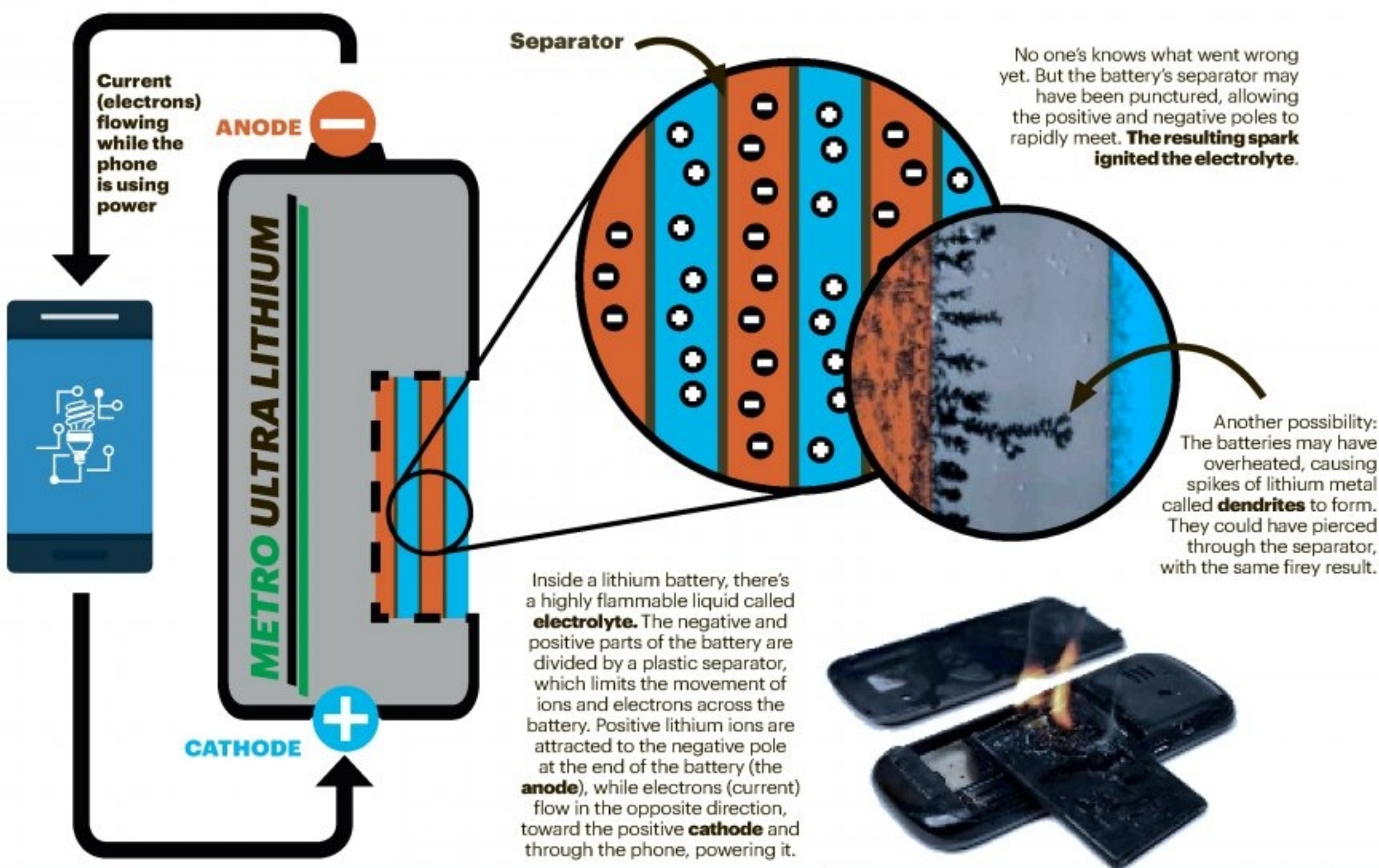
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### FINDINGS Your week in science



#### EBOLA HANGS AROUND

The Ebola virus that swept West Africa in 2014-2015 is sneakily lingering in survivors, research in the journal *Nature* shows. It can stay in semen at least 18 months, far longer than thought. And the first case of spread via breast milk has been reported, though the mother wasn't sick.

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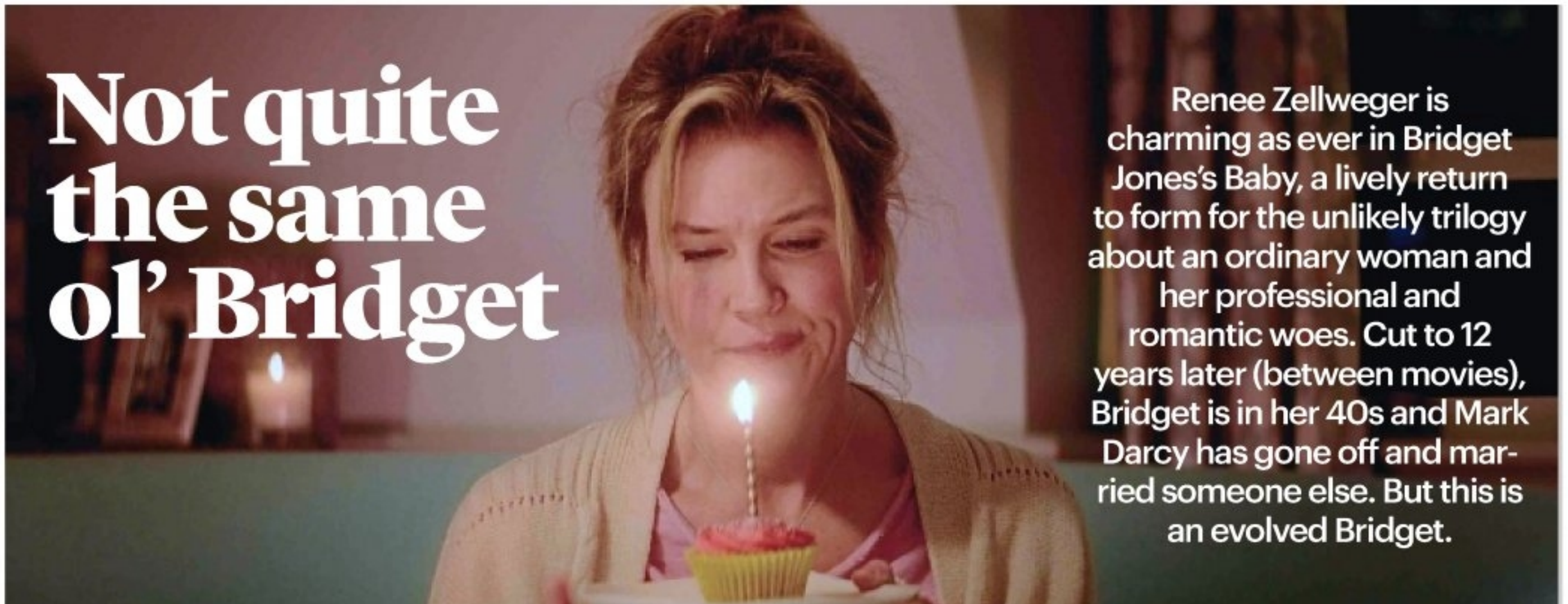
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## Not quite the same ol' Bridget



Renee Zellweger is charming as ever in *Bridget Jones's Baby*, a lively return to form for the unlikely trilogy about an ordinary woman and her professional and romantic woes. Cut to 12 years later (between movies), Bridget is in her 40s and Mark Darcy has gone off and married someone else. But this is an evolved Bridget.

She might be eating dessert alone in that same old London flat on that same old couch listening to the same old Celine Dion song, but it's not tragic. It just is. Her friends all flaked on her and so she has a night by herself. The sense is "whatever" not "woe is me." CONTRIBUTED



### When one part of your life starts going OK...

The film lacks Hugh Grant's naughty playboy Daniel Cleaver — who is going to advise Bridget to "invest in lockable knickers?" But his absence is explained with such wry humour, and newcomer Patrick Dempsey fits in so well. He's a single, not sleazy relationship guru who is immediately smitten with Bridget. She has a good time with Jack when she and new BFF Miranda (Sarah Solemani) go on an ill-advised pop festival camp-out, and after the fling goes on her way.



### ...another falls spectacularly to pieces

A few weeks after her tryst with Jack, she finds herself having an unexpectedly romantic night with a now-separated Darcy. She walks away from that, too, and continues on with life until she gets the news that she's pregnant. It could be either Darcy's or Jack's. Both men hop to the challenge. There is still a madcap, slapstick jitteriness to dear Bridget, but calmness has emerged, too — that of a woman who has finally grown into her own skin. TORSTAR NEWS SERVICE/THE ASSOCIATED PRESS

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# If you go out in the woods today...

## CAST INTERVIEW

## Blair Witch sequel mixes body horror and primal fear

**Richard Crouse**  
For Metro Canada



The long-awaited Blair Witch Project follow-up doesn't have a theme song, but if it did I'd suggest Teddy Bear Picnic. In particular the line, "If you go out in the woods today you're in for a big surprise," because, boy, there are some shockers in the movie's dense woods.

"When I saw our film I was scared," says Corbin Reid who plays Ashley in Blair Witch, in

theatres today.

"I actually had chills," chimes in co-star Wes Robinson. "I thought that was cool because I don't think that's an easy feat for someone who was there shooting it, who read the script and knew everything that was going to happen. It is the combination of the shots and the sound design and everything."

Shot last year with the woods of Squamish, B.C., subbing in for the story's haunted woods, the movie follows James (James Allen McCune) who was only four years old when his sister vanished while making a 1994 documentary about a witch said to haunt the Black Hills near Burkittsville, Maryland. James thinks his sister may still be alive. Cue the jump scares, red herrings, things that go bump in the woods and close-ups of scared young people.



In Blair Witch, James (James Allen McCune, centre), sets out into the woods in search of his sister, who disappeared in the '90s while making a doc about the Blair Witch. CONTRIBUTED

"Not to get too macabre," says Corbin, "but I think one of the reasons people are attracted to horror is because you're dealing with death in a safe space. It is something unknown to everyone. We don't know what happens after we die, but you get

this fictional setting that you can live it out in. There is something about exposing yourself to your fears. If you can laugh at it or move through it, it forces you to deal with it. You become the master of it."

Robinson praises director

Adam Wingard's skill at scare making. "Adam always gives you a real sense of security in his films. Then when you're not expecting it, he takes it away."

"It gives you time to really sink into the psychological aspect of it," adds Corbin. "You establish

the relationships, and then you have something to lose. It's not just trick after trick after trick. That's the thing I love about the filmmaking. It's not cheap. Everything is earned and everything is smart. It is thought out. I think that's why there is such an effect."

In Blair Witch, Wingard does a good job with body horror — ick — and primal fears of the dark, small spaces in the unknown. "Everyone's fear is represented at some point in this movie," says Wes.

Corbin and Wes spent two months in the woods shooting and getting inside the new story, but how familiar were they with the 1999 film? Corbin was just eleven years old when the original movie caused a sensation but that didn't stop her from trying to see it. "I went with my sister and she didn't know it was rated R," she says. "She got in but my mom had to come pick me up."

"I actually saw it in the theatre," says Wes. "I was with a lot of adults. We went to see it and it traumatized me. It's weird where life takes you, though, because I had no idea when I watched it that I would do the sequel one day."

### MOVIE RATINGS by Richard Crouse

Bridget Jones's Baby ★★★  
Snowden ★★★★★  
Blair Witch ★★★★★

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# Domino ace lands gig with Will Smith

DESIGN

## World record holder Lily Hevesh breaks into Hollywood

You won't see Lily Hevesh strutting on the red carpet at TIFF, but you can see her work in December on the big screen in the Will Smith movie *Collateral Beauty*.

Hevesh, 17, created elaborate domino sequences for the film, an inspirational flick that has already been compared to *It's a Wonderful Life* and *A Christmas Carol*.

"Will Smith was great," Hevesh says. "He was really, really positive. He was very chill. Always making people laugh."

Now, she works a 54-hour week, and will go to college next year to study mechanical engineering and product design. She pulled in more than 8.1-million views over four days this week for a creation she calls *The Amazing Triple Spiral*. That project took 15,000 dominos and more than 25 hours of work spread over eight days.

Hevesh discussed her life in the domino stratosphere with



Lily Hevesh with Will Smith.

CONTRIBUTED

the Toronto Star:

### How did you get started?

I got started simply by searching "dominoes" on YouTube when I was 10 years old. I was amazed by the domino videos people had uploaded and was inspired to start building, too.

### What do you consider your biggest triumph?

There are three things for my biggest triumph: One, I was part of a team called the Incredible Science Machine that set up the American Domino Record

(250,000 dominoes) and broke the Guinness World Record for most dominoes in a circle field.

Two, I am the number one most subscribed and viewed domino artist on the web with over 884,000 subscribers and 225 million total views.

Three, I was hired to create the domino scenes in the upcoming feature film *Collateral Beauty* starring Will Smith, which will be in theatres this December.

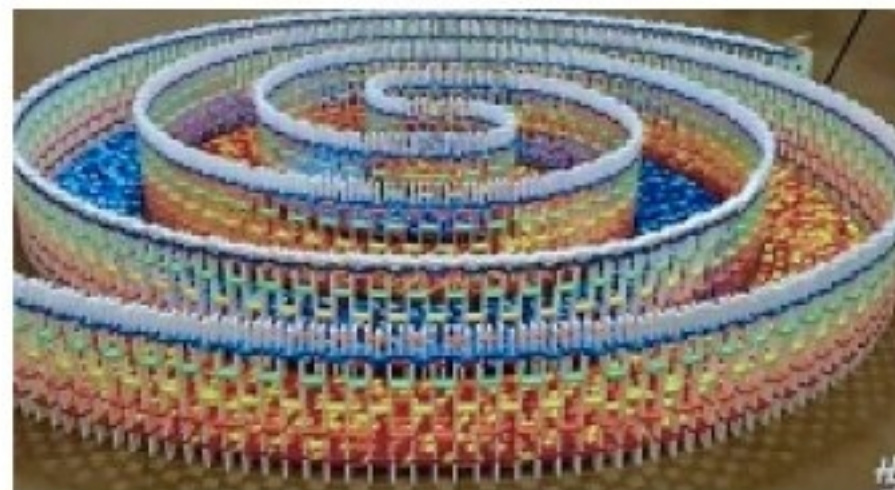
### Your biggest failure?

My biggest failure was around 4,000 dominoes. The setup was finished, I was setting up the cameras, and one of the tripods fell over onto the setup which ruined most of the project.

### Can someone make a good living doing this?

It depends; you have to be getting a lot of views on YouTube to get a reliable income, but there are also opportunities to do professional work for companies and ad agencies. I am able to make a living do this at least right now — this is my full-time job for my gap year — but it all depends on how much professional work you get and how many people watch your videos.

TORSTAR NEWS SERVICES



"My parents are really supportive and they are proud of what I have accomplished with my domino art. They think it's great that I get to travel doing projects for companies and have built a business through what I love doing," says Hevesh.

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## Detroit: The great comeback



While Detroit has not yet completely bounced back from job losses in the automobile industry and the financial crisis of 2008, signs of reinvention are everywhere — like these art murals found at Z Garage, The Belt and other areas.

TOP AND LEFT: SAL RODRIGUEZ/FOR TORSTAR NEWS SERVICE; RIGHT AND SIDEBAR: JENNIFER BAIN/TORSTAR NEWS SERVICE

### URBAN DESTINATIONS

#### Motor City proves its ingenuity yet again

Jennifer Bain  
Torstar News Service

You will feel the energy as soon as you get off the plane at Detroit Metropolitan Airport's McNamara Terminal and make your way through an underground tunnel exploding with a colour-changing light and sound show.

Something remarkable is happening here. The story here is no longer automobile industry collapse, decline, decay and blight. It's about a glorious city that birthed the Model T and Motown, that's coming back better, stronger, artier.

Downtown fills up with passionate sports fans when the Detroit Tigers are playing Comerica Park or the Lions are at Ford Field.

I'll be taking the kids on the Detroit People Mover, with art in all 13 stations. It's just 75 cents and you can stay on the single-track train loop as long as you want.

Corktown is fully hipster and home to the Detroit Institute of

Bagels, Batch Brewing (the city's first nano brewery), music destinations, such as the UFO Factory and Hostel Detroit, with its free walking tours.

Downtown, in what was once the garment district, you can't miss the trifecta of the Library Street Collective, the Belt and the Z garage.

Library Street is a cutting-edge modern/contemporary fine-art gallery. With Dan Gilbert-owned Bedrock Real Estate Services, it activated the public alley out its back door into an art experience full of murals and art installations called the Belt.

Surrounding most of the Belt is the Z, a 10-storey "park in the art" garage with a 3D-style façade and interior murals by 27 artists.

To see the city on two wheels, go to Wheelhouse Detroit on the waterfront for a guided tour or bike rental. Pick an iconic black Detroit Bike.

The food in Detroit is amazing too. There's a reason why Food Network Magazine put HopCat's beer-battered Crack Fries sprinkled with cracked black pepper and sided by warm cheese dipping sauce on its Top 10 list. Resistance is futile.

Not far from HopCat at the rustic chic Selden Standard, executive chef/partner Andy Hollyday's New American shared plates and craft cocktails are works of art.

### HEIDELBERG

#### 'Ghetto Guggenheim' draws 300k visitors a year

The Heidelberg Project draws upwards of 300,000 visitors a year to one of America's poorest zip codes for "open air art." Tyree Guyton has been taking a stand against decay, crime and apathy for 30 years and transforming the vacant lots and abandoned homes of his childhood neighbourhood into a "Ghetto Guggenheim" with discarded objects from everyday life.

Art of some form infuses virtually every Detroit moment. It's all over Eastern Market, "a playground for grown-ups" with multiple markets, food, vintage clothing and boutiques.

"I always had this feeling of Detroit having a ghost of a prosperous past, and when I got here it was still lingering," admits Ian Kuali'i, a Hawaii-raised artist in residence from Berkeley, Calif. "Now I'm extremely hopeful for Detroit. As a complete outsider coming in, it's pretty incredible."

Jennifer Bain was hosted by Travel Michigan, which didn't review or approve this story.

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## ON SALE TODAY



# Montreal prepares for epic birthday

## CELEBRATIONS

### \$100M party to include theatre performances and carnivals

Giant puppets, street parties and social media-savvy bridge lights are just some of the ways Montreal is planning to celebrate its 375th birthday next year.

The date coincides with the 150th anniversary of Canada's founding and, to celebrate, the city is throwing itself a \$100-million bash that includes cultural and historical events, festivals and shows to run throughout 2017. The commissioner of the group organizing the festivities says the city can do with a good party after a recent tough six or seven years that included the Charbonneau Commission looking into corruption in the construction industry.

"We needed that breath of fresh air," Gilbert Rozon said. "We needed to give some love back to Montreal, and also to bring some tourism to Montreal."

The year-long celebration,



#### 1 Grand light show

On the grander side of the scale is a \$39.5-million plan to light the Jacques-Cartier Bridge beginning May 17, the same date in 1642 when a group of missionaries and French colonists founded what was then a mission called Ville-Marie.

#### 2 By the season

The bridge will be fitted with 2,800 lights that will change colour according to the season.

#### 3 Capturing the energy

The speed, movement and intensity of the lights can also be changed to reflect the current traffic, weather forecasts or what Montrealers are discussing on social media, in order to "reflect the energy of the city" in a subtle way, Rozon said.

which will actually kick off in December, making it 375 days long, includes more than 200 events both lavish and local.

The events kick off in December with a variety show, televised on several French-language networks and where the programming will be unveiled.

Highlights of the first months include outdoor winter games, a gathering of 50 top chefs and lighting shows to illuminate the frosty months.

The summer will feature daily outdoor theatre performances, a carnival in each of the city's 19 boroughs and a specially cre-

ated performance by the giant marionettes of the Royal de Luxe street theatre company.

Outside the budget for the celebrations, the city has also earmarked about \$300 million for a series of "legacy" infrastructure projects including renovations to Saint-Joseph's Oratory,

improvements to green spaces, public art and a 3.8-kilometre pedestrian walkway to connect the St. Lawrence River to the foot of Mount Royal.

On a smaller scale, the city has also approved some 100 neighbourhood projects run by community organizations.

These are wide-ranging, from podcast walking tours of Notre-Dame-de-Grace to a country music festival in Hochelaga-Maisonneuve to the temporary revival of Belmont Park, a long-closed amusement park in Ahuntsic-Cartierville.

THE CANADIAN PRESS

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# Forest bathing: Zen out, no swimsuit required

## RESORTS

### Japanese mindfulness practice gains in popularity

In Japan, it's called "shinrin-yoku," which translates as forest bathing. It's the practice of immersing yourself in nature to improve your well-being, and interest in the concept is growing, with spas, resorts, retreat centres, gardens and parks offering guided forest bathing experiences.

These programs take participants into the woods for a slow, mindful walk to contemplate nature with all the senses. It's not a hike, because you don't go far or fast. And while the term forest bathing may lend itself to jokes about nude hot springs, rest assured: You don't take off your clothes.

"We walked through the woods and were just able to absorb what was surrounding us: the beauty of nature, the beauty of the world, from the smallest details, the pebbles under your feet or the branches and the bark on the trees, to how the air felt and listening to the sounds around us," said Rona London, who participated in a forest bathing experience at Mohonk Mountain House in New Paltz, N.Y. "It was absolutely wonderful."

The benefits of shinrin-yoku were formally recognized in the early 1980s by



While it might seem obvious that a walk in the woods is good for you, there's also research on the physiological effects showing that it can lower blood pressure, heart rates and stress hormones.

ISTOCK

Japan's Ministry of Agriculture, Forestry and Fisheries.

While it might seem obvious that a walk in the woods is good for you, there's also research on the physiological effects showing that it can lower blood pressure, heart rates and stress hormones.

Amos Clifford, who founded the Association of Nature and Forest Therapy Guides and Programs, leads a variety of forest bathing experiences, from walks in Sugarloaf Ridge State Park in Kenwood, Calif., to programs at Osmosis Day Spa Sanctuary in Freestone, Calif., and The Lodge at Woodloch, a resort in Hawley, Pa.

Clifford, who has a background in Zen meditation

**"We say the forest is the therapist."**

Amos Clifford

and in marriage and family counselling, also trains guides in forest therapy. But he's careful to say that forest therapists are not qualified to diagnose or treat mental health issues.

"We say the forest is the therapist," he said. "The guide opens the doors."

Clifford's three-hour guided walks might cover less than half a kilometre. The ideal

trail, he says, is two-thirds covered by a forest canopy but also has "some meadow open to the sky," along with a stream and plant diversity. But it doesn't have to be a wilderness area. He's led walks in retirement centre gardens and in city parks near freeways.

Clifford compares the experience to a guided meditation, in which participants are prompted to consider, "What are you hearing, seeing, smelling? We invite people to notice what's in motion in the environment around them: the swaying of trees, the flow of water, butterflies or birds or whatever it might be."

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DeAndre Hopkins, who was fined \$6,000 by the NFL for his turtle dove coloured Yeezy cleats, will wear them again "if Kanye wants to pay the fine"



## Screws put to Goldeyes

### BASEBALL

#### Wingnuts get even in championship series with Fish



**Darrin Bauming**  
For Metro | Winnipeg

The Wichita Wingnuts earned some serious redemption Thursday night with a 9-2 rout of the Winnipeg Goldeyes to even up their best-of-five American Association Championship Series at 1-1.

Following Winnipeg's 5-0 shutout of the Wingnuts in Game 1 Wednesday night at Shaw Park, Wichita's bats caught fire as the offence lit up the Goldeyes and starter Kevin McGovern for six runs in 5-1/3 innings.

#### GAME 2 At Shaw Park



Wichita's No. 4 and No. 5 hitters, Matt Chavez and Nick Van Stratten, combined to go 9-for-10 at the plate, with Chavez scoring three runs including a solo shot in the form of



**Goldeyes starting pitcher Kevin McGovern makes an offering to the plate during Game 2 of the American Association Championship Series against the Wichita Wingnuts at Shaw Park on Thursday night.** JEFF MILLER/WINNIPEG GOLDEYES

a rope to left that opened the scoring in the second.

Van Stratten drove in three runs while upping his post-season batting average to .480 with a lone pop-out in foul territory in his final at-bat.

Wingnuts starter Alex Boshers tossed six complete, al-

lowing two earned runs on eight hits on his way to capturing his second win of the post-season.

Goldeyes outfielder Willie Cabrera and second baseman Casio Girder drove in Winnipeg's only runs with RBI singles in the third and sixth

innings, respectively.

With each club still two wins away from hoisting the hardware, the Goldeyes and Wingnuts now take Friday as a travel day to get down to south Kansas where Games 3-5 (if necessary) will be held Saturday through Monday.

Winnipeg's ace Mikey O'Brien is expected to get the start in Game 3.

The Goldeyes drew similar crowds to both of their Championship Series games, with 3,532 in attendance for the final home game of 2016 at Shaw Park.

### IN BRIEF

#### Twins earn split in 4-game series with Tigers

Brian Dozier's two-run single highlighted a four-run second inning and the Minnesota Twins handed the Detroit Tigers a crucial loss, beating them 5-1 on Thursday.

The Tigers were only able to split four games with the lowly Twins, hurting them in the crowded AL wild-card race. THE ASSOCIATED PRESS

#### Rivard captures her third gold medal of Paralympics

Canadian swim star Aurelie Rivard has another gold medal and another world record.

The 20-year-old from Saint-Jean-sur-Richelieu, Que., demolished the field to win the 400-metre freestyle at the Rio Paralympics, her third gold medal of the Games.

Rivard touched the wall in four minutes 29.26 seconds. THE CANADIAN PRESS

#### United and Inter humbled

Feyenoord stunned Manchester United 1-0 in the Europa League on Thursday, handing the English giant a second loss in less than a week.

The win was not the only surprise on a night that featured a shocking defeat for Inter Milan, downed 2-0 at home by Israeli side Hapoel Beer Sheva. Southampton defeated Sparta Prague 3-0 in the same group.

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# Patrik not content to stay in his Laine

## WORLD CUP OF HOCKEY

### Finn phenom ready to back up braggadocio

Patrik Laine isn't afraid to be himself, whether he's talking or playing hockey.

The No. 2 pick in the NHL draft thought he deserved to be No. 1 and said so. His on-ice persona is just as confident, and it'll be put to the test playing for Finland at the World Cup of Hockey. Laine is the youngest player in the tournament, and the Winnipeg Jets prospect is eager to show he belongs with the best.

"I'm going to have to prove that to everybody, and I'm going to show that when the tournament starts," Laine said.

Laine's offensive arsenal has more moves than his surname, which is pronounced Line-EH. He can shake defenders out of their skates but is best known for a wicked shot, which he used



Patrik Laine after scoring against the U.S. in Tuesday's exhibition in Washington. NICK WASS/THE ASSOCIATED PRESS

to beat Jonathan Quick in Finland's exhibition game against the United States on Tuesday.

On a team that lacks the talent on paper of Canada, the U.S., Sweden and Russia, Laine has the ability to single-handedly take a game over, despite being just under 18 years, 5 months old.

"When we named Patrik (to)

this team, we know that he (had) good offensive-game skills and that shot was unbelievable," coach Lauri Marjamaki said. "Of course he's a young guy, but he has something we need."

Picking Laine was a risk, though he earned it by scoring seven goals and adding five assists in 10 games at the world

hockey championship in the spring. It was no surprise that he lit up the world juniors over the winter, but he had grown-up production playing with and against grown men.

"He's just 18 years old, and I think he plays like a major player," Aleksander Barkov said.

Laine is a major player for Finland and could start the tournament alongside Barkov and either Teuvo Teravainen or Sebastian Aho. He'll have chances to back up his draft braggadocio, when he said the Toronto Maple Leafs should have selected him first overall instead of Auston Matthews. He's not shying away from that, even while older teammates tell him players weren't like that back in their day.

"I know that's how good I am," Laine said. "It's not a problem for me. And if that's a problem to somebody else, it's not my problem. I don't care what people think. I know that I'm a good player and I'm going to stick with that." THE CANADIAN PRESS

## TEAM CANADA

### No kid ... but Sid is set to deliver again

When Sidney Crosby first stepped onto the international stage, Team Canada fell flat.

It was 13 years ago in the summer of 2003 and Crosby had just turned 16. He was by far the youngest player on an under-18 squad shooting for an eighth consecutive gold medal at the junior World Cup. But that year, even with the prodigy on hand, Canada finished a distant fourth, trounced 8-2 by the hometown Czechs in the bronze-medal game.

It was by no means a preview of what was to come for Crosby on the world stage.

The Cole Harbour, N.S., native has won nearly everything there is to win while wearing the Maple Leaf, save the World Cup of Hockey, which he'll play in for the first time later this week.

Crosby has come up golden at the world juniors, world championships and twice at the Olympics.

"I feel like every time you put on a Team Canada jersey, you're representing your country, there's a lot of pride that comes with that," Crosby said Thursday.

His "golden goal" at the 2010



Sidney Crosby  
THE CANADIAN PRESS

Olympics in Vancouver stands as one of the most impactful goals in the country's history. Indeed, Crosby has met expectations on the international stage, despite the bright spotlight.

"For Sid and a lot of these kids coming up, they have a little bit of an unfair target on their back," said Ryan Getzlaf, a frequent teammate with Canada. "People expect so much out of them that they forget that they're still players and they're still humans. It's part of the role I guess that he's taken on his back and he's done a great job with it."

While it may lack the significance of the Olympics, the World Cup is another chance at international glory on home turf for Canada. Crosby thinks home-ice advantage can help. "I think there's always pressure, there's always expectations (and) you may feel that a little bit more being at home," said Crosby. "But I think it's something you can definitely embrace and use to help you, too." THE CANADIAN PRESS



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# RECIPE White Bean Tuna Salad



PHOTO: MAYA VISHNEI

**Ceri Marsh & Laura Keogh**  
For Metro Canada

This salad plays the perfect balancing act — the veggies keep things light, while the beans and tuna make it a satisfying meal.

## Ready in 30 minutes

Prep time: 5 minutes  
Cook time: 25 minutes  
Serves 4

## Ingredients

- 1 x 5 oz can of tuna
- 1 x 15 oz can of cannellini beans
- 1/4 cup red onion, diced fine
- 3 Tbsp lemon juice
- 2 Tbsp olive oil
- salt and pepper to taste
- 4 or 5 radishes, thinly sliced
- 8 or so cherry tomatoes, cut in half
- 1 bunch of arugula, washed, dried and trimmed

- 2 handfuls of fresh basil, washed, dried and trimmed

## Directions

**1.** In a large-ish bowl, mix together the tuna, beans and onions.

**2.** In a small bowl, whisk lemon juice and olive oil, pour over tuna and mix. You don't want to lose all the texture of the tuna, so don't overdo it. Add salt and pepper to taste. Cover with cling film and chill up to an hour. You can skip this step but it will enhance the flavour.

**3.** Now it's just an assembly job. You've got four plates. Lay out a handful of greens on each plate, a scoop of tuna deliciousness and then scatter tomatoes, radishes and basil on top.

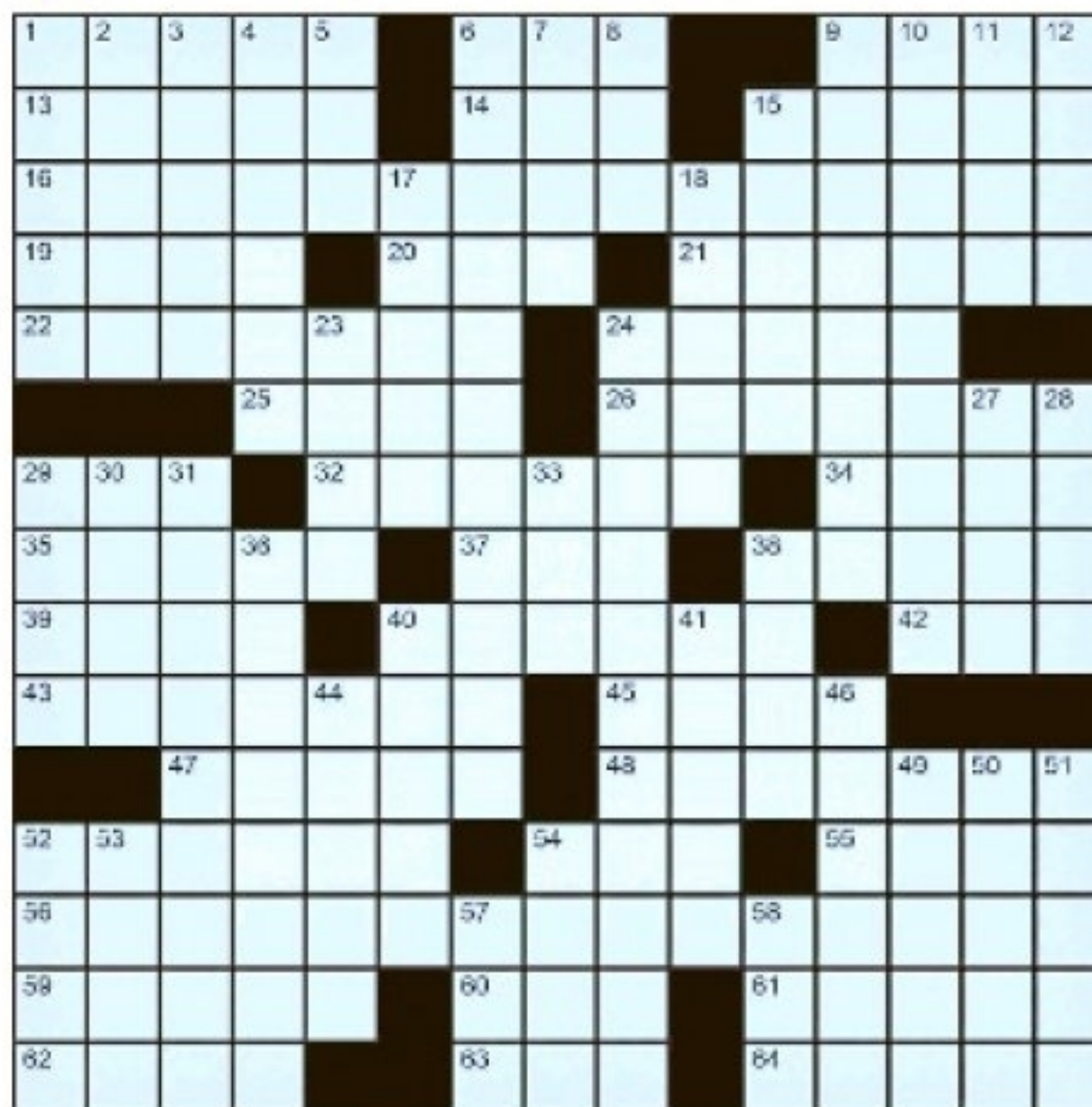
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# CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

## ACROSS

- "Fiddlesticks!"
- Vitality
- "Ac-Cent-\_-Ate the Positive"
- School: French
- Mason's load holder
- ...it up (Celebrate)
- Casually wear a shirt with these: 3 wds.
- "...it seems." (That's how things look)
- Higher-than-a-King symbol
- Chaqueur's uniform
- Second 'N' of CNN
- Granny Smith's gadget?
- ...Tzu (Woof! Woof!)
- Drink water
- Hotness
- ...up, as muscle cars
- President Putin, to pals
- Captain Benjamin ... on "Star Trek: Deep Space Nine"
- 1989: "Get on Your Feet" singer ...her initials-sharers
- ... Falls (Vancouver Island's high waterfall)
- Medieval silk/gold fabric
- Town on Lake Ontario east of Toronto
- Academic year div.
- "Huh...?": 2 wds.
- "...rodent!"



- Fathers: French
- Edmonton-born actress, ... Chong
- ... Marcus (American retailer)
- Hip-Hop music label co-founded by Birdman, for short
- Margarine
- Journalistic group

- since 1846: 2 wds.
- Fall guy
- Airport screen wd.
- Bristly hairs
- Python's complaints
- Pub order
- All in ... work

## DOWN

- 1955: Ousted leader of Argentina, Juan ...
- Outcome of interest to a sports fan
- "The Planets" composer Gustav
- Permits
- Small
- Montreal-born ce-

- lebrity chef/restaurateur: 2 wds.
- Optimism
- Egos and ...
- "Bitter Sweet Symphony" act: 2 wds.
- Car mechanic uniforms
- Tiller
- ...daisy!

- Kelly LeBrook movie, "... Science" (1985)
- Racecar driver Mr. Franchitti
- American architect, Frank ... Wright
- "... that's how it's gonna be, eh?!"
- Just east of Calgary city called 'Alberta's Oasis'
- "Shark ..." (2004)
- Cheesy ball
- Joni Mitchell's "The Last Time ... Richard"
- Sumptuous
- Reality rejecters
- Spuds exporter, e.g.
- British supermodel: 2 wds.
- "Coach" star, Jerry Van ...
- "... Was Young" by Eric Burdon & The Animals
- Shaver's target
- Canadian racecar great Paul
- Worshipped
- Prince Valiant's beloved
- "Shall ...?" (How does this work for everyone)
- Breathers
- Shortly snoozes
- Those, in Spain
- Key below Shift
- Battery size
- Safety message, e.g.

# IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

**Aries** March 21 - April 20  
Today's Full Moon could trigger problems with co-workers, customers and clients. Just be patient, because this is only a 48-hour stress.

**Taurus** April 21 - May 21  
The Full Moon today can make people emotional and reactionary. You might notice this in romantic relationships; you also will notice it when dealing with children. Just be patient.

**Gemini** May 22 - June 21  
It will be difficult to fulfill the demands of home and family versus the demands of your career and public reputation. Today you cannot ignore home and family.

**Cancer** June 22 - July 23  
This is an accident-prone day for your sign, because of the energy of the Full Moon. Therefore, go slowly and think before you speak or act. Pay attention!

**Leo** July 24 - Aug. 23  
Disputes about money, possessions or loans might arise today because the Full Moon always brings things to a head. Don't be overreactive. Think positive.

**Virgo** Aug. 24 - Sept. 23  
Today the only Full Moon opposite your sign all year is taking place. That's why relations with partners and close friends are testy and fragile. Be nice.

**Libra** Sept. 24 - Oct. 23  
Be extra-patient when dealing with others today, especially at work or on the job. Whenever there is a Full Moon, everyone is reactionary and more emotional than usual.

**Scorpio** Oct. 24 - Nov. 22  
Don't jump the gun when dealing with friends or a member of a group today. Wait to see what they want. Today is a Full Moon, and this can affect your relations with others.

**Sagittarius** Nov. 23 - Dec. 21  
Despite the demands of home and family, you have to acknowledge the demands of your job or even your public image today. (The Full Moon will create conflicts here.)

**Capricorn** Dec. 22 - Jan. 20  
Pay attention to everything you say and do today, because this is a mildly accident-prone day for your sign, simply because of the Full Moon energy.

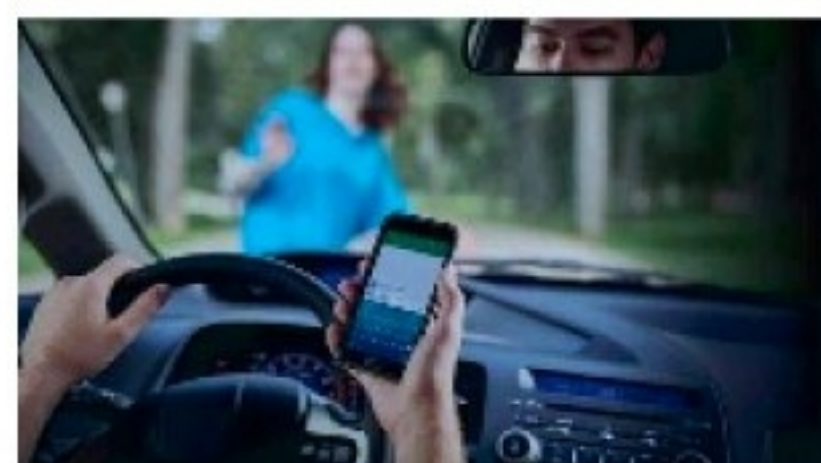
**Aquarius** Jan. 21 - Feb. 19  
Quarrels about money and shared possessions might arise today because of the Full Moon. This is a poor day to discuss how to divide an inheritance.

**Pisces** Feb. 20 - March 20  
Today the only Full Moon in your sign is taking place. This can make you more emotional than usual. Take a deep breath and chill out.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

		7	1		9	4		
	1		4	7	6		8	
4								3
3	7						1	5
	8			2			9	
6	2						4	7
5								1
	3		8	6	2		5	
		2	7		1	6		



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